



Mainstay Music Therapy, Inc.

Internship Application

Updated 5/2026

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Potential Intern,

Thank you for your interest in pursuing an internship with Mainstay Music Therapy, Inc. This National Roster Internship site provides a unique learning experience for all music therapy interns. Music therapy interns have the opportunity to acquire music therapy clinical experience working primarily in clinic-based settings and some in-community based settings with a variety of individuals, and implement different approaches and techniques to best address client's needs. In addition, music therapy interns will have the opportunity to work independently and observe other music therapists in the greater Fort Wayne area and be a part of a growing team of music therapists.

Students who complete this internship will enter the field of music therapy as competitive candidates for a variety of employment opportunities. Interns will acquire essential musical and clinical skills and knowledge to practice as an entry level, independent clinician including:

- Experience with a diverse clientele and various approaches in music therapy
- Excellent verbal and written communication skills
- Experience collaborating and communicating with other professionals
- 1040 hours guaranteed for internship requirement

Music therapy interns will observe, co-treat, document, and lead music therapy sessions as well as participate in weekly case-related supervision from a Clinical Supervisor. This is to ensure music therapy interns receive adequate amounts of supervision in order to foster self-growth, reflection, and also deepen their understanding of music therapy practice.

The Internship Team evaluates interns during different stages of the internship to ensure interns are meeting the clinical training competencies set forth by AMTA. Music therapy interns are expected to fulfill their University's learning agreement.

Music therapy interns are expected to provide their own room and board as well as drive to various sites. A reliable form of transportation is required for this internship. A letter of eligibility from the intern's academic director, including their contact information will be required.

Liability insurance will not be covered for the intern and intern should either apply for liability Insurance on their own behalf or ask their educational institution if they are covered under institution's policy. *Healthcare Provider Service Organization (HPSO)* is affiliated with AMTA and provide student-price coverage. Interns should show a negative TB test result and a local law enforcement check prior to start date, at their expense.

**Expectations of the music therapy intern:**

Entry level requirements for music therapy interns are expected. These include functional music skills in voice, piano, guitar, and percussion. Music therapy interns should be familiar with different genres of music and be able to accompany self and clients efficiently and with a pleasing sound quality. It is also expected that music therapy interns have acquired a general understanding of using music and the therapeutic relationship when working to address clients' needs.

Due to the diverse clientele served in this internship, it is not an expectation for intern applicants to have practicum experiences with target populations. Interns will be supported through their experiences to provide music therapy services to a wide variety of individuals. Music therapy interns are expected to have genuine motivation to develop personal and professional skills as well as flexibility to meet the needs of those they are supporting.

Due to the flexible nature of this internship, interviews may be done virtually and any part of this application may be a video recording rather than a written submission. The potential intern can use any form of media to film and submit video footage. Google Drive and YouTube are both popular sites for video submission. Both sites can be used privately and video links can be created and attached to the application. After receiving all application materials, an interview with the Internship Team will be scheduled. An initial 30 minute video interview will be completed prior to the final round of interviews, which are requested to be on site. Dates of onsite interviews will be determined prior to the first round of interviews.

Please send all application materials to:

Mainstay Music Therapy, Inc.
Music Therapy Internship Director
internship@mainstaymusictherapy.com

Deadlines for applications:

September 2027 - February 2028: application due by January 31st 2027



Music Therapy Internship Application

Name:	Phone Number:
Current Address:	
Email:	
Director of Music Therapy Program:	
Select Start Applying for: June January Year:	
Please submit documents:	
1. Resume <ul style="list-style-type: none"> a. Include practicum experiences 	
2. Cover letter	
3. Three letters of recommendation - <i>sent to Mainstay directly from the source</i> <ul style="list-style-type: none"> a. One can be personal (a friend or peer) - <ul style="list-style-type: none"> i. Contact info - Email: ii. Phone: b. Two must be professional (a professor or previous supervisor) <ul style="list-style-type: none"> i. Contact Name: ii. Email: iii. Phone: iv. Contact Name: v. Email: vi. Phone: 	
4. Letter of Eligibility from your academic director <ul style="list-style-type: none"> a. Contact Name: b. Email: c. Phone: 	
5. Unofficial transcripts	
6. A headshot photograph	
7. Submit a sample treatment plan - outline a need and describe how you might support them using music. <ul style="list-style-type: none"> a. Goals & Objectives included b. Outline procedures and methods to be used to address the identified need 	
8. Please submit a video of: <ul style="list-style-type: none"> a. Yourself <u>playing</u> and <u>singing</u> a song with the <u>guitar</u> b. Yourself <u>playing</u> and <u>singing</u> a song with the <u>piano</u> c. A mock intervention with a peer - demonstrate something you would facilitate 1:1 with an individual with an intellectual/developmental disability, and record a clinical rationale for your intervention. d. Yourself singing and playing Old MacDonald with as much playfulness and affect as you can give with the following animals - <u>pig</u>, <u>elephant</u>, <u>lion</u>, <u>giraffe</u> 	
Please submit essays or video responses for the following questions:	
1. How would you describe your own relationship with music and what do you get out of your experiences in music?	
2. How do you think music is beneficial in/as therapy and why do you think that?	
3. What are your professional strengths? What are your professional weaknesses?	
4. Name three core values you have and why they will be important in your professional career.	



Support. Compassion. Growth.

5. Why are you interested in pursuing an internship that focuses on developmental, relationship-based models and clinical improvisation?